



SAINTS
LEARNING

PROFESSIONAL DEVELOPMENT

CHANGE MANAGEMENT

COURSE VISION

Discover how to go from being change adverse to change enthusiasts by identifying what it is about change that makes us feel uncomfortable.



DURATION 3 HOURS

COURSE MISSION

You will identify why we can be resistant to change, discover the emotional stages that individuals and teams go through during a period of change and test tactics to cope with each stage.

COURSE METHODOLOGY

In this interactive session, we will explore why some people are resistant to change, and use a variety of tactics and techniques that can be used to influence and support change and ensure a smooth transition.

WHO IS THE COURSE SUITABLE FOR?

This session is suitable for all line managers and leaders who may need to support their teams and organisations through internal workplace/environment changes.

