



SAINTS
LEARNING

PROFESSIONAL DEVELOPMENT

HONEST CONVERSATIONS

COURSE VISION

Manage difficult conversations with courage and confidence, improve performance and create a positive outcome.



DURATION 3 HOURS

COURSE MISSION

Discover the benefits of stepping up to difficult conversations, recognising common barriers and develop skills in how to overcome them.

COURSE METHODOLOGY

In this masterclass you will develop skills to step up to difficult conversations, and use various practical techniques to ensure you are able to regulate your emotions and better able to manage others emotions and behaviour during conflict.

WHO IS THE COURSE SUITABLE FOR?

There are no formal entry requirements for this course. It is suitable for all ages and designed for line managers or those who may be experiencing stress associated with work and relationships.

