

PROFESSIONAL DEVELOPMENT

CHANGE MANAGEMENT

COURSE VISION

Discover how to go from being change adverse to change enthusiasts by identifying what it is about change that makes us feel uncomfortable.



DURATION 3 HOURS

COURSE MISSION

You will identify why we can be resistant to change, discover the emotional stages that individuals and teams go through during a period of change and test tactics to cope with each stage.

COURSE METHODOLOGY

In this interactive session, we will explore why some people are resistant to change, and use a variety of tactics and techniques that can be used to influence and support change and ensure a smooth transition.

WHO IS THE COURSE SUITABLE FOR?

This session is suitable for all line managers and leaders who may need to support their teams and organisations through internal workplace/environment changes.

