

PROFESSIONAL DEVELOPMENT

EMOTIONAL INTELLIGENCE ANALYSIS



DURATION

ASSESSMENT PLUS 1HR 1-2-1
COACHING FEEDBACK SESSION

COURSE VISION

Emotional intelligence is a psychological construct that has become exceptionally popular. The ability to manage your emotions and those of others has become an increasingly important part of the modern working environment.

COURSE MISSION

Gain an insight into your emotional intelligence through the TEIQ assessment.

COURSE METHODOLOGY

The Trait Emotional Intelligence assessment uses self-report questionnaires and measure an individual's perceptions of their emotional experiences and capacities. There are no right or wrong answers, your responses are reflected back to you in comparison to others.

You will complete a TEIQ assessment, and this will be followed by a 1 hour coaching/feedback session where we will work with you to identify areas where further support or development is required.

WHO IS THE COURSE SUITABLE FOR?

This is suitable for individuals, recruiting managers, managers and team leaders.

